

'intheknow'

information + support

"Understanding Non-Suicidal Self Injury"

Join us for an In-Person Presentation

This presentation will cover a working definition of NSSI and how it is different from suicidal gestures and behaviours. We will explore why people engage in NSSI, and how to offer support from a harm reduction approach.

Topic Presenters:

Lux Welsh, Foundry Peer Support Worker,
Rosalie Fralick, Foundry Youth Outreach Worker,
Corie Aarsen, Youth Employment Outreach Coordinator

August 27th, 2019

6:00pm – 8:00 pm

Foundry Victoria
818 Douglas St, Victoria, BC V8W 2Z7

FREE OF CHARGE

Please RSVP by email: lisa.tate@familysmart.ca



'intheknow' provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

www.familysmart.ca/in-the-know

In person at community sites:

www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.