

'intheknow'

information + support

Parent Support Group

Join us for an In-Person Evening

This evening will be an open discussion for parents to bring any issues regarding their children forward. Whether those issues are related to mental health such as anxiety, depression, ADHD, etc. or perhaps as a parent you are looking for some summer strategies from fellow parents. This is a great opportunity to be in a room full of supportive peers.

Topic Presenter:

Jamie Agtarap, PiR (Parent in Residence), Richmond

Tuesday June 11th, 2019 6:30pm – 8:00pm

**Child & Adolescent Program
200 – 6100 Bowling Green Road
Richmond, BC**

Please ring bell for entry into building

FREE OF CHARGE

Please RSVP by email: Jamie.agtarap@familysmart.ca



'intheknow' provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:
www.familysmart.ca/in-the-know

In person at community sites:
www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.