

# ‘intheknow’

information + support

## “Tips for a Super Summer!”

### Join us in Person

When children who experience mental health challenges are out of school, parent’s schedules are bound to get busier. Come join our PiR and other parents to share tips and strategies that focus on our children’s strengths and interests and encourage connection and fun! Available resources will also be shared!

### Event Host:

**Jill Shatford, Parent in Residence (PiR)**  
**FamilySmart**<sup>®</sup>

**Tuesday June 25<sup>th</sup>, 2019**

**6:30 pm – 8:30 pm**

Sechelt Library  
5797 Cowrie St,  
Sechelt, BC

**FREE OF CHARGE**

Please RSVP by email: [jill.shatford@familysmart.ca](mailto:jill.shatford@familysmart.ca)



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)

In person at community sites:

[www.familysmart.ca/events/](http://www.familysmart.ca/events/)

The in person viewing also provides an opportunity for supported conversations.