

## FamilySmart® Parent in Residence

Vancouver & Richmond Communities and on-site at BC Children's Hospital

Kelty Mental Health Resource Centre

### Who we are

FamilySmart® is a non-profit that works to enhance the experience and quality of services, support and information for children and youth with mental health challenges, and their families or the caring adults in their lives.

### Position Summary

The FamilySmart® Parent in Residence is a parent and/or caring adult who has their own lived experience parenting a child or youth with a mental health challenge. Lived experience is the foundation of all of FamilySmart® service offerings. When young people are struggling with their mental health, they – along with their families or the caring adults in their lives – are helped when people with lived experience come alongside them to listen, to care, to know and to understand what it's like for them and assist them in getting quality services, information and support.

Parent in Residence 會透過自己的生活經驗及知識，為列治文及溫哥華社區的其他家庭提供同伴支援、資源及訊息、系統導航、教育及輔導，並在卑詩兒童醫院的 Kelty 心理健康資源中心現場提供服務。

### What You'll Do with our Team

- **Draw on your own experience of parenting a child/youth living with a mental health challenge** to offer peer support to other families through email, by phone, or in person
- Listen to and assist families and caring adults to articulate what they need and help focus on their strengths
- Help families to find information and resources that might be helpful
- Support families to work well with the professionals who are providing services to their child/youth
- Support families to prepare for meetings and debrief with them, as they request
- Host and facilitate "In the Know" – a monthly information and support opportunity for families
- Regular participation in VCH's Child & Youth Mental Health Services Drop-In Parenting Groups
- Connect with VCH Child & Adolescent Response Team (CART)
- 3 Shifts per month on-site at the Kelty Mental Health Resource Centre to provide PiR support to families and professionals through email, by phone or in-person
- Provide sick day and vacation coverage at the Kelty Mental Health Resource Centre, as needed
- Complete monthly reports
- Participate in 3 monthly meetings with FamilySmart, Pro-D days and Annual Retreats



我們希望您能夠提供的：*知識、技考及能力*

- 您是照顧受心理健康方面挑戰的兒童/青少年的家長或看護人
- 您具有良好的粵語、英語書寫及人際溝通技巧
- You have the ability to apply appropriate boundaries
- You can maintain confidentiality
- 您懂得如何與家屬及看護人建立並保持良好關係
- You have strong relationship building skills
- You are willing to share what you know and to continue learning with and from others
- You are able to raise concerns or suggestions in a way that enables greater outcomes
- You are empathetic and compassionate towards others
- You practice self-care and seek or accept help when needed
- 您具有促進小組對話的經驗，並對公開演講不感畏懼
- You are organized and have a strong work ethic
- You are reliable and punctual for shifts and meetings
- You have a positive attitude
- 您有能力可以與不同的社會群組合作
- Basic computer skills: experience with Microsoft Office, Adobe, Excel, Gmail

#### **Other Requirements:**

- Available to attend in-person Parent Group meetings in Vancouver on weekdays
- Available to work 21 hours every month between 9:30am – 5pm at the Kelty Mental Health Resource Centre. All other service hours to be used in community.
- Successful candidates must pass a Criminal Record Check and a Child Intervention Check
- Orientation and Training period prior to starting work

#### **Compensation and Hours**

Hourly rate: \$20/hour

Hours: Part-time approximately an average of 101 Hours per month

請將履歷及求職信經電郵發送至人力資源部總監 Robin Brown，電郵地址：[careers@familysmart.ca](mailto:careers@familysmart.ca)

\*Please note that the assessment of applicants will be made on an ongoing basis and continue until a hire is made.

We thank all applicants, however, only those selected for an interview will be contacted. FamilySmart® is an Equal Opportunity Employer. Personnel are chosen on the basis of ability without regard to age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation and criminal conviction unrelated to employment.