

FamilySmart® Parent in Residence

Vancouver & Richmond Communities and on-site at BC Children's Hospital

Kelty Mental Health Resource Centre

Who we are

FamilySmart® is a non-profit that works to enhance the experience and quality of services, support and information for children and youth with mental health challenges, and their families or the caring adults in their lives.

Position Summary

The FamilySmart® Parent in Residence is a parent and/or caring adult who has their own lived experience parenting a child or youth with a mental health challenge. Lived experience is the foundation of all of FamilySmart® service offerings. When young people are struggling with their mental health, they – along with their families or the caring adults in their lives – are helped when people with lived experience come alongside them to listen, to care, to know and to understand what it's like for them and assist them in getting quality services, information and support.

The PiR uses their own lived experience and knowledge to offer Peer Support, resources and information, system navigation, education, and mentoring to other families in the communities of Richmond and Vancouver and on-site at the Kelty Mental Health Resource Centre at BC Children's Hospital.

What You'll Do with our Team

- **Draw on your own experience of parenting a child/youth living with a mental health challenge** to offer peer support to other families through email, by phone, or in person
- Listen to and assist families and caring adults to articulate what they need and help focus on their strengths
- Help families to find information and resources that might be helpful
- Support families to work well with the professionals who are providing services to their child/youth
- Support families to prepare for meetings and debrief with them, as they request
- Host and facilitate "In the Know" – a monthly information and support opportunity for families
- Regular participation in VCH's Child & Youth Mental Health Services Drop-In Parenting Groups
- Connect with VCH Child & Adolescent Response Team (CART)
- 3 Shifts per month on-site at the Kelty Mental Health Resource Centre to provide PiR support to families and professionals through email, by phone or in-person
- Provide sick day and vacation coverage at the Kelty Mental Health Resource Centre, as needed
- Complete monthly reports
- Participate in 3 monthly meetings with FamilySmart, Pro-D days and Annual Retreats

Things we'll love about you: *Knowledge, skills and abilities*

- You are a parent or caregiver of a child or youth with mental health challenges
- You have strong written and interpersonal communication skills in Cantonese and English
- You have the ability to apply appropriate boundaries
- You can maintain confidentiality
- You know how to establish and maintain rapport with families and caregivers
- You have strong relationship building skills
- You are willing to share what you know and to continue learning with and from others
- You are able to raise concerns or suggestions in a way that enables greater outcomes
- You are empathetic and compassionate towards others
- You practice self-care and seek or accept help when needed
- You have experience facilitating small group conversations and are comfortable with public speaking
- You are organized and have a strong work ethic
- You are reliable and punctual for shifts and meetings
- You have a positive attitude
- You have the ability to work with diverse populations
- Basic computer skills: experience with Microsoft Office, Adobe, Excel, Gmail

Other Requirements:

- Available to attend in-person Parent Group meetings in Vancouver on weekdays
- Available to work 21 hours every month between 9:30am – 5pm at the Kelty Mental Health Resource Centre. All other service hours to be used in community.
- Successful candidates must pass a Criminal Record Check and a Child Intervention Check
- Orientation and Training period prior to starting work

Compensation and Hours

Hourly rate: \$20/hour

Hours: Part-time approximately an average of 101 Hours per month

Please send resume and cover letter to Robin Brown, Director, Human Resources at careers@familysmart.ca

*Please note that the assessment of applicants will be made on an ongoing basis and continue until a hire is made.

We thank all applicants, however, only those selected for an interview will be contacted. FamilySmart® is an Equal Opportunity Employer. Personnel are chosen on the basis of ability without regard to age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation and criminal conviction unrelated to employment.