

# ‘intheknow’

information + support

## “Helping Children & Youth Transition to New Environments”

### Join us for a video presentation:

As a parent, navigating the school system and finding ways to best support your kids during key transition periods can be overwhelming. In this presentation, we talk about how parents can advocate for their children’s wellbeing in schools, how to best support them, and address school-based concerns.

### Topic Presenter:

Larissa Predy, Registered Psychologist  
Evelyn Matthews, Registered Nurse

**Tuesday September 24<sup>th</sup>, 2019**

**6:30 pm – 8:30 pm**

New Westminister Children’s Centre (Boardroom)  
811 Royal Avenue  
New Westminister, BC

**FREE OF CHARGE**

Please RSVP by email: [graeme.partridge-david@familysmart.ca](mailto:graeme.partridge-david@familysmart.ca)



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)

In person at community sites:

[www.familysmart.ca/events/](http://www.familysmart.ca/events/)

The in person viewing also provides an opportunity for supported conversations.