

# ‘intheknow’

information + support

## “Teens and School”

### Join us for a Video Presentation

Secondary School is an important time in a teen’s life, and for teen’s struggling with mental health and/or substance use challenges, it can be a tough time. This ItK brings together a principal and a parent to discuss what they have done as adults to support things going well for teens in secondary schools.

### Topic Presenters:

**Colleen Clark, Parent with Lived Experience**  
**Jeremy Clark, Principal, Mountainside Secondary School**

**Wednesday, September 11th, 2019**  
**6:00pm – 8:00pm**

**South Fort George Family Resource Centre**  
**2<sup>nd</sup> Floor Meeting Room, 1200 LaSalle Ave.**  
**Prince George, BC V2L 4J8**

### FREE OF CHARGE

Please RSVP by email: [kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

### Viewing is available:

Online at:  
[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)

In person at community sites:  
[www.familysmart.ca/events/](http://www.familysmart.ca/events/)

The in person viewing also provides an opportunity for supported conversations.