

## Family Peer Support Position at Kelty Mental Health Resource Centre

- 35 Hours Per Week
- \$23/Hour
- Onsite at BC Children's Hospital Kelty Mental Health Resource Centre  
Monday - Friday 9:30am - 5pm

For more than 20 years, [FamilySmart](#) has been working in B.C. to help children and young people by helping their family and other caring adults. We know children and young people do better when the adults who care about them are supported.

### **Position Summary**

Family Peer Support Workers are parents and caregivers of children or youth with mental health and/or substance use challenges. Your personal parenting experience, as well as having navigated the private or public mental health and/or substance use system with a child in your care are the primary requirements for this role. Your experiences will help other families find help, comfort, hope, and feel less alone.

### **The Family Peer Support Worker provides peer support to families and caregivers by:**

- Providing emotional support to families and caregivers
- Sharing information and resources with families and caregivers
- Offering knowledge/education to families and caregivers
- Helping families and caregivers navigate (find their way to) services
- Building on parents and caregivers strengths and offering hope
- Meeting with families and caregivers in-person at the Kelty,, by video chat, phone and email

### **Parent Peer Support at the Kelty Mental Health Resource Centre also includes:**

- Working collaboratively with the other FamilySmart Parent Peer Support Workers who work at the Kelty Mental Health Resource Centre
- Answering emails and talking on the phone or via video chat with families from across British Columbia (BC) who are looking for someone to listen to them and to make suggestions about resources and services that might help
- Answering emails and talking on the phone with health care providers and school professionals across BC who are looking for information on mental health and what resources are available in their communities to support the youth and families they are connected with.

- Answering emails and talking on the phone with young people and adults from across BC who are calling the Kelty Eating Disorders Resource Line for support. Lived experience of parenting a youth with an eating disorder is an asset.
- Supporting the promotion activities of the Kelty Centre
- Reviewing and providing feedback on Kelty Centre resources
- Completing daily reporting requirements for the Kelty Centre and FamilySmart

**You do not need to be an expert in mental health and/or substance use, your family's experience is enough.**

### **You**

- Are good at building relationships
- Make connections easily
- Demonstrate compassion and care to others
- Are able to work well with BC Children's Hospital's Health Literacy Team as well as other BCCH staff
- Are comfortable promoting and presenting on FamilySmart's Parent Peer Support Services
- Have strong verbal and written skills.
- Data collection and documentation is part of this role
- Good working knowledge of Google Workspace, including gmail, calendar and docs
- Can pass a criminal records check

FamilySmart provides excellent support, supervision and training and will help you learn and develop the skills that we have discovered to help families and service providers work well together.

We invite you to apply, and to learn more about this unique role. At FamilySmart, experience with the child and youth mental health and/or substance use system is very important to us. Please consider including in your cover letter a little information about why this is important to you as well. Please send your resume and cover letter to Robin Brown, Director, HR at [careers@familysmart.ca](mailto:careers@familysmart.ca)

**Subject line: FamilySmartParent Peer Support Worker: Kelty Centre**

**Please note that the assessment of applicants will be made on an ongoing basis and continue until a hire is made.**

*We thank all applicants, however, only those selected for an interview will be contacted. FamilySmart is an Equal Opportunity Employer. Personnel are chosen on the basis of ability without regard to age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation and criminal conviction unrelated to employment.*